



the mandel center

**The Mandel Center of Arizona. LLC**

8120 East Cactus Road | Suite 310

Scottsdale, AZ 85260

Office: 480.734.1199

Fax: 480.551.3363

www.mandelcenter.com

**Initial Assessment, Page 1**

**Client name:** \_\_\_\_\_

**Presenting issues per client:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Mini-mental status evaluation/current symptoms/functioning:**

Vocational/work status: \_\_\_\_\_

Sleep: \_\_\_\_\_ Appetite: \_\_\_\_\_

Concentration: \_\_\_\_\_ Nutrition: \_\_\_\_\_

Anxiety: \_\_\_\_\_ Mood: \_\_\_\_\_

Appearance: WNL/or: \_\_\_\_\_ Attitude: Cooperative, Guarded, Agitated

**MMSE** Orientation: Person, Place, Time

Motor Activity: Calm, Hypo, Hyper

Memory per client report: WNL/Impaired

Judgement/Insight WNL/or: \_\_\_\_\_

Affect: WNL/or: \_\_\_\_\_

Speech: WNL/or: \_\_\_\_\_

Thought Process: Intact, Tangential, Concrete

Content: WNL/or: \_\_\_\_\_

**Risk Assessment:**

Abuse, violence present in the home: No / Yes

Have you ever been arrested? No / Yes

Are you currently on probation or parole? No / Yes

Have you ever considered suicide? No / Yes

Have you ever attempted suicide? No / Yes

Have you ever physically harmed another? No / Yes

Comments: \_\_\_\_\_

\_\_\_\_\_



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**Initial Assessment, Page 2**

**Client name:** \_\_\_\_\_

**Family History:**

<i>NAME</i>	<i>AGE</i>	<i>LOCATION</i>	<i>IN HOME</i>	<i>QUALITY OF RELATIONSHIP</i>
Mother:	_____	_____	_____	_____
Father:	_____	_____	_____	_____
Sibling:	_____	_____	_____	_____
Sibling:	_____	_____	_____	_____
Sibling:	_____	_____	_____	_____
Sibling:	_____	_____	_____	_____
Partner/Spouse	_____	_____	_____	_____
Child:	_____	_____	_____	_____
Child:	_____	_____	_____	_____
Child:	_____	_____	_____	_____
Other family history/cultural:	_____	_____	_____	_____
_____	_____	_____	_____	_____

**Substance use/abuse history:**

Statement on use/abuse: \_\_\_\_\_

<i>SUBSTANCE</i>	<i>AGE BEGAN</i>	<i>LAST USE</i>	<i>PATTERN AND QUALITY</i>
Alcohol	_____	_____	_____
Cannabis	_____	_____	_____
Coc/Crack/Meth	_____	_____	Route: _____
Other illegal drugs	_____	_____	Route: _____
R/X	_____	_____	Other: _____
Tobacco	_____	_____	Caffeine _____

Statement on eating disorder: \_\_\_\_\_

- Restriction \_\_\_\_\_
- Bingeing \_\_\_\_\_
- Compulsive over-eating \_\_\_\_\_
- Purging \_\_\_\_\_
- Exercising \_\_\_\_\_
- Another \_\_\_\_\_



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**Initial Assessment, Page 3**

**Client name:** \_\_\_\_\_

**Mental Health Treatment History: No / Yes**  
\_\_\_\_\_  
\_\_\_\_\_

**Lifetime Hospitalization History: No / Yes**  
\_\_\_\_\_  
\_\_\_\_\_

**Medical Conditions:**  
\_\_\_\_\_  
\_\_\_\_\_

Allergies: \_\_\_\_\_

Medication/dose/purpose: \_\_\_\_\_  
\_\_\_\_\_

<b>Recent stressors:</b>	<b>Strengths/Managing Techniques:</b>	<b>Supports:</b>
_____	_____	_____
_____	_____	_____

**Provisional Diagnosis:**  
Axis I: \_\_\_\_\_  
Axis II: \_\_\_\_\_  
Axis III: \_\_\_\_\_  
Axis IV: \_\_\_\_\_  
Axis V current GAF: \_\_\_\_\_

**Additional comments:**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

CLINICIAN NAME (print) \_\_\_\_\_

CLINICIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_ / \_\_\_\_ / \_\_\_\_