



the mandel center

The Mandel Center of Arizona. LLC

8120 East Cactus Road | Suite 310

Scottsdale, AZ 85260

Office: 480.734.1199

Fax: 480.551.3363

www.mandelcenter.com

Initial Assessment, Page 1

Client name: _____

Presenting issues per client:

Mini-mental status evaluation/current symptoms/functioning:

Vocational/work status: _____

Sleep: _____ Appetite: _____

Concentration: _____ Nutrition: _____

Anxiety: _____ Mood: _____

Appearance: WNL/or: _____ Attitude: Cooperative, Guarded, Agitated

MMSE Orientation: Person, Place, Time

Motor Activity: Calm, Hypo, Hyper

Memory per client report: WNL/Impaired

Judgement/Insight WNL/or: _____

Affect: WNL/or: _____

Speech: WNL/or: _____

Thought Process: Intact, Tangential, Concrete

Content: WNL/or: _____

Risk Assessment:

Abuse, violence present in the home: No / Yes

Have you ever been arrested? No / Yes

Are you currently on probation or parole? No / Yes

Have you ever considered suicide? No / Yes

Have you ever attempted suicide? No / Yes

Have you ever physically harmed another? No / Yes

Comments: _____



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Initial Assessment, Page 2

Client name: _____

Family History:

NAME	AGE	LOCATION	IN HOME	QUALITY OF RELATIONSHIP
Mother: _____				
Father: _____				
Sibling: _____				
Sibling: _____				
Sibling: _____				
Sibling: _____				
Partner/Spouse _____				
Child: _____				
Child: _____				
Child: _____				
Other family history/cultural: _____				

Substance use/abuse history: **CUTDOWN** **ANNOYED** **GUILTY** **EYE-OPENER**

Statement on use/abuse: _____

SUBSTANCE	AGE BEGAN	LAST USE	PATTERN AND QUALITY
Alcohol _____			
Cannabis _____			
Coc/Crack/Meth _____			Route: _____
Other illegal drugs _____			Route: _____
R/X _____			Other: _____
Tobacco _____			Caffeine _____

Statement on eating disorder: _____

- Restriction _____
- Bingeing _____
- Compulsive over-eating _____
- Purging _____
- Exercising _____
- Another _____



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Initial Assessment, Page 3

Client name: _____

Mental Health Treatment History: No / Yes

Lifetime Hospitalization History: No / Yes

Medical Conditions:

Allergies: _____

Medication/dose/purpose: _____

Recent stressors: **Strengths/Managing Techniques:** **Supports:**

Provisional Diagnosis:

Axis I: _____

Axis II: _____

Axis III: _____

Axis IV: _____

Axis V current GAF: _____

Additional comments:

CLINICIAN NAME (print) _____

CLINICIAN SIGNATURE _____ DATE ____ / ____ / ____